



INFORMATION MEMORANDUM

SUA-22-IM-03

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TO: Subrecipients of the State Unit on Aging

FROM: Cynthia Brammeier, Administrator, State Unit on Aging *Cym*

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SUBJECT: Care Management Care Plans in PeerPlace

CONTENT: One of the strategies in Nebraska's State Plan on Aging for FY 2020 – 2023 has been to develop a template for long-term care plans (care plans) which contains all elements required by Nebraska Aging Services Regulations by September 30, 2023. This has been accomplished through the addition of the Care Plan in the Case Management program of PeerPlace.

Title 15 NAC 3 004.15 A - C contains the requirements for care plans used in the Care Management program.

While care plans are not required to be developed and maintained in PeerPlace, the purpose of this IM is to ensure awareness that it can be used to create care plans that meet all requirements.

004.15(A) REQUIREMENTS. Each Long-Term Care Plan must outline procedures for utilizing an interdisciplinary, person centered, approach to care management which involves input from a variety of professionals, agencies, which may be already involved with the client, and support systems which may be available to the client.

This can be addressed in the Care Plan Details section by indicating that the person is self-directing their care and documenting their preferences regarding provision of services as well as

the input from other professionals, agencies and support systems available to the client as directed by the client.

004.15(B) SERVICES NOT UTILIZED. Services which are needed but not available must be recorded in the Long-Term Care Plan, as well as those rejected by the client.

This can also be addressed in the Care Plan Details section of the care plan. For example, the template allows the author to note the plan was discussed and accepted by the client. There is a dialogue box below this where any services needed but not available as well as services rejected by the client can be recorded and steps can be described.

004.15(C) REQUIREMENTS. As a minimum, the Long-Term Care Plan must: (i) Establish individual goals and objectives agreed to by the client; (ii) Establish a time frame for implementation of the Long-Term Care Plan; (iii) Define the services which are needed, including any equipment or supplies; (iv) Define who provides each service; (v) Specify the availability of services, supplies and equipment; (vi) Specify the costs and methods of service delivery; and (vii) Provide for reassessment upon change in client status.

The individual goals and objectives, timeframe, and services needed can be addressed in the Issues and Goals section. The service provider and availability of services, supplies and equipment can be addressed in the Service Plan section. The method of service delivery can also be addressed in the Service Plan section by the type of provider (formal vs. informal) and the costs can be specified in the comments section. Please specify any costs associated with the service delivery if they are to be paid for by the client.

As previously noted, the care plan is not required to be created and maintained in PeerPlace. This is just one option that a Care Management Unit may choose. However a care plan is created and maintained, please utilize Title 15 NAC3 004.15 as a guide to ensure that they contain all required elements.

If you have questions, please contact Cheryl at 402-314-5155, Ben at 402-471-4555 or via email at DHHS.aging@nebraska.gov